

Dr. Goldman's Book Reviews

Maximize Your Vitality & Potency

For Men over 40

Natural Testosterone and other supplements to reverse
the effects of aging

By

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Smart Publications, 1999

Jonathan Wright, M.D. has written a number of small books on various aspects of Holistic health and therapy. In 1999 he was on the cutting edge of using natural testosterone and natural estrogen to treat hormone deficiencies in men and women. This is a nice little book giving an introduction to the benefits of testosterone and other holistic therapies for health in the aging man.

Robert P. Goldman, M.D. February 2009