

## *Dr. Goldman's Book Reviews*

### **THE TESTOSTERONE SYNDROME**

THE CRITICAL FACTOR FOR ENERGY, HEALTH, &  
SEXUALITY – REVERSING THE MALE MENOPAUSE

BY

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M. Evans and Company, Inc. New York

There is much misinformation in the general press on Testosterone and how it “causes” prostate cancer. Most of the nationally advertised prescription pharmaceuticals either prevent the body from making testosterone or prevent the conversion by tissues of testosterone to the active form, D-5-testosterone. The pharmaceutical industry has financial reasons to blame Testosterone for Prostate Cancer.

Dr. Shippen lays out the functions of this important hormone and its role in male health. He includes chapters on prostate, heart, bone, growth and the problems elevated estrogen levels pose for men.

Dr. Shippen is one of only a few doctors to be interviewed in both Suzanne Somers hormone books. He is knowledgeable and careful. I know of no other testosterone book as reliable, even though the publication date is 1998.

Robert P. Goldman, MD 1-21-2007