

Dr. Goldman's Book Reviews

**CLINICAL GYNECOLOGIC
ENDOCRINOLOGY AND INFERTILITY,
7th Edition**

By

**Leon Speroff MD
and Marc Fritz MD**

Lippincott-Williams & Wilkins

This is **THE** book for physicians on female hormones. Dr. Speroff has been editing this tome for years. The 7th edition has a new co-editor in Dr. Fritz. There is much new material. I had purchased the 6th edition but found that many of my questions were not covered. Most particularly, I desired to clarify the interactions of insulin with estrogen and ovulation. In the last few years it has become common to treat polycystic ovary syndrome with Metformin, a diabetes drug. These complex interactions had not yet been worked out at the time of the 6th edition in 1996. The 7th edition was published in 2005.

Unless one has a biology and scientific background, this book is probably too difficult and detailed for most folks to handle. In addition, the price tag is high at \$169 plus shipping. For the professional reader, this is the most important reference book on the list.

Robert P. Goldman, MD